Dexterity Exercise
on the A string

- Practice these exercises first slowly paying extreme attention to intonation.
- Repeat each measure over and over till it is as perfect as possible before moving to the next measure.
- Play them again as 8th notes the same way
- Play them as 16th notes, continue to increase speed over time.
- These exercises are great to play on a daily basis and perfect warm-ups

http://fiddlerman.com