I.

Exercises On One String

The pupil should be careful in all the exercises to keep the hand perfectly quiet, letting the fingers fall strongly, and raising them with elasticity.

The tempo must be lessened or accelerated, according to the ability of the pupil, but is generally moderate.
III.

Exercises on Two Strings.
Exercises to be practised with wrist-movement only, keeping the right arm perfectly quiet.

1.

2.

3.

4.

5.

6.

7.

8.

9.
VI.

Exercises on Four Strings.
Exercises in the Second Position.
IX.
Exercises in the First and Second Positions.
X.
Exercises in the Third Position.
Exercises on the First, Second, Third and Fourth Positions.
XIV.

Exercises in the Fifth Position.
Exercises passing through Five Positions.
XVI.
Exercises in the Sixth Position.
Exercises passing through Six Positions.
XVIII.
Exercises in the Seventh Position.